



**Southend & Westcliff Jewish Community Centre  
1 Cobham Road, Westcliff-on-Sea, Essex. SS0 8EG**

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Email: [rshone@jcare.org](mailto:rshone@jcare.org)

Jewish Care is the largest health and social care charity for the Jewish community, caring directly for over 7,000 people every week through more than 70 centres and specialist services throughout London and the South-East.

The Southend & Westcliff Jewish Community Centre has five services currently on offer to members of the community requiring support within their daily lives.

**The Southend & Westcliff Day Centre**, which operates four days a week (Monday – Thursday) aims to provide a rich and varied activity programme for the elderly. The service aims to provide a warm and caring environment to anyone who needs care and support because of their circumstances i.e. bereavement, isolation or who otherwise feel they may benefit from the therapeutic programme of activities that are currently on offer.

Our Kosher kitchen provides a full three course nourishing meal every day that the Centre is open and transport is available for those people that require it by using our specially adapted minibuses.

**The Chai group for Dementia Care** meets at the Centre twice a week, on Tuesdays and Thursdays and provides a high level in individual and personalised care for people with Dementia.

**The Kennedy Leigh Home Care Service** is a care service that meets the needs of those people who are in need of care within their own homes. The types of services on offer include assistance with personal care, bathing, dressing, preparation of meals and assistance with Medication.

**Shebson Lodge** is the name of our sheltered accommodation within the building. Comprising of 16 flats, many of which have a sea view, the resource has 24 hours support available and a warden who is on site seven days a week.

The *Something for Everyone* programme will take place in the Centre for those of you who are looking for opportunities for recreational, therapeutic or learning activities and we are hoping to offer these new activities to people aged 40+ in the local Community.

For more information on any of the above services please contact Richard Shone on 334655 or [rshone@jcare.org](mailto:rshone@jcare.org)